

**Enock Glidden
To Speak
March 3rd,
At the Frostburg
State University
Campus,
from 6-7:40 PM**



Enock Glidden was introduced to adaptive climbing after inspiration from the loss of a close friend. His first ever climbing experience was with Paradox Sports and Garrett College Adventure Sports Institute. It was during that weekend he met an amazing group of people from both organizations who would inspire him again to push his boundaries and take his climbing to even greater heights scaling the granite face of El Capitan. Join us March 3rd to hear where that inspiration has taken Enock since and learn some of the ways you can interact with and inspire others in your adventure careers. You can learn more about Enock and his adventures at www.enockglidden.com !